



## FLORA LONDON MARATHON 2001

### OUTSTANDING PERFORMANCE BY ANDREA WATSON

Conditions for the 21<sup>st</sup> London Marathon on April 22<sup>nd</sup> were ideal. Cool enough to raise a few goose pimples when standing on the start at Greenwich but just right for running.

While Mouaziz and Tulu were showing the world how to win the men's and women's races the Dashers were having a good day as well. **Andrea Watson** produced an outstanding personal best performance in an official time of **3:16:21** which was nearly 9½ minutes faster than her previous best. To put this in perspective she was **159<sup>th</sup>** in the women's race and narrowly missed the qualifying time of 3:15 for the elite women. This is a slight niggle for Andrea but most of us believe that for the marathon distance she has already joined that elite group of runners. Significantly she was only beaten by two of the men in the club - chaps please note and take appropriate action!

The most heartening run of the day was by our first Dasher **Chris Hunt** who narrowly beat **Ian Spencer** by one second to finish in a time of 3:10:14. Although this wasn't a PB for Chris it was the culmination of his year long effort to recover from the injury which prevented him from running in last year's race. His dogged determination over those long months is a fine example to us all. However Chris's parade was nearly rained on by Ian who caught him on Birdcage Walk only to be overtaken again close to the line after a great struggle. Ian's time was a personal best which was almost five minutes faster than last year.

**Andre Randall, Mike Baldock, Ralph Moore, Ron Sloan, Peter Gardner, Jon Sheehan, Bruce Humphries, Peter Quemard, Brent Curless and Dave Glazier** produced a very solid batch of performances which reflected the effort which had gone into their training in the previous three months. They have kept up the training through some of the wettest and most miserable conditions we have had for years and were suitably rewarded.

One could be forgiven for thinking that **Peter Gardner** had gone to sleep in the race. His

NAME	OFFICIAL TIME
Chris Hunt	3:10:14
Ian Spencer	3:10:15(PB)
Andrea Watson	3:16:21(PB)
Andre Randall	3:22:57
Mike Baldock	3:23:36
Ralph Moore	3:27:40
Ron Sloan	3:29:17
Peter Gardner	3:37:21
John Sheehan	3:49:14
Bruce Humphries	3:48:48
Peter Quemard	3:51:52
Brent Curless	4:11:00
Dave Glazier	4:14:58
Carol Hipwell	4:53:04
Billy Bhamra	4:57:08
Joyce Clarke	5:11:08
Helen Iles	5:26:41(PB)

apparently slow time for him can be explained by the 75 mile cycle ride he completed the previous day in preparation for an ironman competition in Lanzarote. However he was almost asleep in the pub afterwards and definitely qualifies as a man of iron already.

**Helen Iles** will remember her first marathon for the rest of her life. Her official time includes fifteen minutes spent having some blisters fixed at a first aid station. She achieved her goal and put up a very plucky performance.

**Carol Hipwell** should be pleased with her fist outing over this distance for some time. It was good to see her running with the club again. We shouldn't forget the performances of **Billy Bhamra** and **Joyce Clarke**. They have run more than 24 marathons between them and we tend to take their running for granted.

Congratulations are in order to all the Dashers who ran in the London Marathon. Some good times were posted and most runners seemed to enjoy the race. The times given above are the official clock times and will differ from the times taken by individuals depending on how long it took to cross the start line.

All the runners are very grateful to Jasmine and her team for managing the 23 mile drinks station and giving such fantastic vocal support to everybody.



# CLUB CHAMPIONSHIP



NAME	Bracknell X/C	Wokingham 1/2M	Towpath 10mi	Race for Life 5km	Town & Gown 10 km	Burnham 5km	Wargrave 10km	Maidenhead 5km	Wycombe 1/2M	Yateley 10km	Windsor 1/2M	Virginia Water 8mi	TOTAL	Races	Best 8	Position
<b>MEN'S CHAMPIONSHIP</b>																
Ian Spencer	92	94	100	-	100	94							480	5	480	1
Jason Emmett	94	98		-		98							290	3	290	2
Mike Baldock		92	98	-		92							282	3	282	3
Brian Philp	86	88	94	-									268	3	268	4
Giles Reynolds	80		90	-	96								266	3	266	5
Peter Quemard	88	86		-		82							256	3	256	6
Steve Coleshill		82	92	-		80							254	3	254	7
Chris Bradfield		100		-		100							200	2	200	8
Peter Gardner	100	96		-									196	2	196	9
Jim Miller	96			-		96							192	2	192	10
Chris Hunt	98			-		90							188	2	188	11
Ralph Moore			96	-		88							184	2	184	12
Andre Randall				-	98	84							182	2	182	13
Charles Pantlin	90	90		-									180	2	180	14
Dave Glazier				-	96	74							170	2	170	15
Roman Lach	84			-		78							162	2	162	16
Jim Butcher	78	78		-									156	2	156	17
Mike Clark	82			-		72							154	2	154	18
Simon Light	76			-		66							142	2	142	19
Mike McLachlan						86							86	1	86	20
Bruce Humphries		84		-									84	1	84	21
Simon Rimmer		80		-									80	1	80	22
Brent Curless						76							76	1	76	23
Tom Emmett						70							70	1	70	24
Allan Banks						68							68	1	68	25
<b>LADIES CHAMPIONSHIP</b>																
Andrea Watson	100	100	100	100	100	-							500	5	500	1
Carol Hipwell	96	98				-							194	2	194	2
Joyce Clarke		96	98			-							194	2	194	2
Michaela Clark	94			92		-							186	2	186	3
Billy Bhamra				90	96	-							186	1	186	3
Tracey Powell				84	98	-							182	1	182	4
Roz Mansie	98					-							98	1	98	5
Julie Price				98		-							98	1	98	5
Debby Berry				96		-							96	1	96	6
Helen Iles				94		-							94	1	94	7
Pauline Allum				88		-							88	1	88	8
Jean Hayton				86		-							86	1	86	9
Jane Light				82		-							82	1	82	10
Denise Lansley				80		-							80	1	80	11
Barbara Nicholson				80		-							80	1	80	11
Rosemary Arber				78		-							78	1	78	12

## CLUB CHAMPIONSHIP - CONTINUED

**A**fter five events **Andrea Watson** and **Ian Spencer** lead the ladies and mens championships respectively. While Andrea's position is no surprise one would not expect the men's captain "in his declining years" to be heading the mens championship. No one will be more embarrassed than me if I have to collect the trophy at the AGM. It's a competition gentlemen and I'm throwing down the gauntlet. Let's liven things up please!

There are lots of male and female runners who have run in one or two championship events but as many as possible need to try and complete eight events. The fun of this competition is not so much in winning but in striving to score a few extra points over those of similar ability. When I first joined the club a few years ago there was a lot of one-upmanship and friendly ribbing associated with this championship and I think this spirit needs to be revived.

The dates of the remaining club championship events are given in the table below. Members should note that the Wycombe ½ Marathon replaces the cancelled Fleet ½ marathon and we have still to find a replacement event for the Great Sam ½ Marathon.

Race	Event	Date
5	Burnham 5km(Men only)	29 May
6	Wargrave 10km	10 June
7	Maidenhead 5km	20 June
8	Wycombe ½ Marathon	15 July
9	Yateley 10km	1 August
10	Windsor ½ Marathon	30 September
11	Virginia Water 8ml	14 October
12	To be advised	-

### OFFICERS OF THE CLUB

Chairman	Tom Emmett	01344 455337
Secretary	Tracey Powell	01753 684577
Treasurer	Steve Lansley	01753 547300
Mens' Captain	Ian Spencer	01784 241498
Newsletter Editor		
Ladies' Captain	Andrea Watson	01753 853345
Fixtures Secretary	Joyce Clarke	01753 548227
Kit man	Jason Emmett	01628 602115

## TOMMY TALKS

Time to take breath and recoup after very successful London marathon. I think I can say on behalf of the members who supported, worked and participated on the day, that it was one of the best marathons of recent years. On the return coach I can't remember one woeful comment from any of the thirty plus runners. All seemed to have achieved or exceeded their pre-race expectations. A richly deserved reward for many hours of dedicated training.

Thanks must go to a number of Dashers who helped make such a successful day. To **Jasmine** for again managing the 23 mile drinks station in such a professional manner. To **her team** of early birds who worked tirelessly supplying important liquid refreshment and vocal support to our runners and many more. To **Ian**, our mens captain, for organising the clubs pre-race preparation with training, advice and encouragement to those of us with little faith in our own ability. Lastly to the **Dashers** dotted around the course supplying verbal encouragement. Many thanks to you all. Well done!

This year the club have agreed to support a very worthy cause in the form of a 5K race for ladies only organised by the Imperial Cancer Research Fund. We have included this event in our ladies championship this year so we are looking for 10 plus able bodied men to marshall on the day. The run is entirely within the grounds of Upton Court Park and we expect around 2000 runners(about 200 each, a hard task but somebody has to do it!). Come on guys please support our girls in a worthy cause.

The organisation of the Dash is progressing and a lot of work is going on in the back ground. We are again at the stage where we are looking for T- shirt designs - so get your thinking caps on and pencils out and come up with some good ideas. I may be absent from the club for the month of May but will return in June. I look forward to seeing you all at the race for life in Upton Court Park.

Easy miles,  
**TOM**

## TOW PATH 10 SUNDAY 8<sup>th</sup> APRIL 2001:

Fine weather, good course, decent prize for each finisher but not many Dashers taking part in this the third championship event. Some decent performances produced by those who did take part. A very enjoyable morning.

NAME	TIME
Ian Spencer	1:05:02
Mike Baldock	1:07:15
Ralph Moore	1:08:58
Brian Philp	1:10:35
Steve Coleshill	1:12:27
Giles Reynolds	1:18:34
Brent Curless	1:20:48
Andrea Watson	1:12:09
Joyce Clarke	1:41:13

### CLUB SECRETARY PROFILE

My name is Tracey Powell and I AM A LAWYER! I apologise to those members with delicate dispositions who may be shocked by this confession. This does, of course, mean that everything printed in this article will be the truth. Unlike our glamorous and talented ladies captain, I will not fall back on my right to remain silent about my age - I am 75 years old which gives me the right to bring up the rear of every run beetroot-faced and gasping for breath.

I aspire to become like my heroine - the ever youthful Joyce Clarke who must be the Datchet Dasher's answer to Honor Blackman. To this end you will now spot me every Tuesday evening at Ian Spencer's training sessions playing strict captains and naughty Datchet Dashers.

I joined the club so I could spend more time exercising and less time slumped over a computer typing - which is how I became club secretary.

Tracey

## 5K SUMMER SERIES

Club participation in the first two races of this summer series has been good with thirty five Dashers taking part. The first race at Wargrave on May 16<sup>th</sup> was the usual damp affair but we had a fantastic summer evening for the second race at

NAME		Wargrave	Burnham
Pauline	Allum	28:58	
Mark	Allum	28:58	
Mike	Baldock	19:14	18:58
Allan	Banks	24:46	25:59
Debbie	Berry	25:36	
Billy	Bhamra		31:22
Chris	Bradfield	16:40	17:01
Mike	Clark	24:40	24:52
Michaela	Clark	28:54	
Steve	Coleshill		21:22
Brent	Curless		22:22
Tony	Curtin		21:54
Sunita	Dawett	27:11	26:41
Tom	Emmett	28:54	25:16
Jason	Emmett		18:11
Dave	Glazier	23:33	23:31
Bob	Gregory	23:49	
Jean	Hayton	29:48	31:23
Chris	Hunt		19:24
Roman	Lach	23:58	22:11
Denise	Lansley	31:04	
Simon	Light		27:11
Roz	Mansie	25:17	25:01
Mike	McLachlan		19:51
Jim	Miller	19:25	18:28
Ralph	Moore	19:34	19:27
Barbara	Nicholson		34:31
Tracey	Powell	30:14	
Julie	Price	22:48	22:13
Peter	Quemard		20:55
Andre	Randall		20:42
Giles	Reynolds	23:18	
Jon	Sheehan	19:24	
Ian	Spencer	19:02	18:39
Andrea	Watson	21:04	

Burnham on May 29<sup>th</sup>. Chris Bradfield has produced a couple of good performances and its pleasing to see Jason Emmett and Jim Miller coming back to form after an absence from racing. For the ladies Julie Price has had two excellent races and is beginning to show great potential.

## ADDITIONAL TRAINING / COACHING SESSIONS FOR LESS SPEEDY RUNNERS??

On the suggestion of a numbers of Dashers, we are proposing to try to establish some regular training and / or coaching for those of you who consider themselves to be more medium paced runners.

Ian's Tuesday night speed sessions have been a great success for many club members but it is now probably time to introduce some slightly less ambitious sessions as well. The key to these sessions is generally to run at faster pace than you would generally run but for shorter periods of time - so a marginal amount of pain will be experienced but the benefits are great!

These sessions will be organised by a combination of Debbie Berry, Ian Spencer and Andrea Watson. Although they will not necessarily take place every week, we will make suggestions as to the sort of programmes that can be followed should you have a specific race or objective in mind.

All suggestions on format very welcome. Watch the notice board and club announcements for details.

Andrea

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## DIARY

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Here are some important dates for your diary:  
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Tuesday July 10 - Club photograph. Please turn up in club kit looking suitably well scrubbed!  
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Saturday July 23 - Datchet Dash. Marshalls will be required. A list will be posted in the club house shortly.  
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Sunday June 24 - Dasher lunchtime picnic in Windsor Great Park. Exact location and time to be advised shortly.

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## SLOUGH RACE FOR LIFE (5K): UPTON COURT PARK 13 MAY 2001

14 lady Dashers recently completed in the local Race For Life, in Upton Court Park over a distance of 5K. This was one of a series of similar races which will be run throughout the country over the summer. The races are organised by the Imperial Cancer Research Fund and are aimed at raising money for research into cancers that affect women. The event attracted 1400 local runners and walkers.

The Datchet Dashers played a major part in helping to organise the event, with Tom, Ian, Jane, Mitch and others helping to mark out the course early on Sunday morning. Dashers also acted as marshalls around the course and at the finish.

Name	Time
Andrea Watson	22:21
Julie Price	23:59
Debbie Berry	27:15
Helen Iles	29:17
Michaela Clark	30:05
Billy Bhamra	32:00
Pauline Allum	32:00
Jean Hayton	32:10
Tracey Powell	32:21
Jane Light	34:42
Denise Lansley	37:09
Barbara Nicholson	37:09
Rosemary Arber	45:08
Joyce Clarke	Injured

The race saw a great performance from Julie Price, a relatively new Dasher, who came 9<sup>th</sup> in the race with a time of 23:59. Your Ladies Captain was 2<sup>nd</sup> overall but only narrowly missed being beaten by an 11-year old! Well done to Jane Light who ran the race only 8 weeks after giving birth to her second baby! Hard luck to Joyce who badly strained an ankle on the rough terrain but will soon be back fighting fit for the remainder of the summer 5K series.

Participation in fairly high profile local events like this all helps to gain publicity for the Dashers, so thanks and well done to all who helped with the race or participated.

Andrea

## **DID YOU ENJOY THE LONDON MARATHON???**

### **ARE YOU READY FOR MORE??**

Perhaps you're not quite ready to think about it.....but unfortunately your next challenge needs an answer now.....

**Several club members are doing the Berlin Marathon on 30 September 2001. We are going with LPG (the sports travel company run by previous London-winner, Mike Gratton) – and availability is limited. We have already entered and payed our deposits.**

Andrea has already been on a couple of trips organised by LPG (as have other club members) – and thoroughly recommends them. It's great fun doing such events as a group and participating as an international runner is a pretty special experience. Details of the trip are as follows:

- ◆ **Travel out Friday Sept 28**
- ◆ **Race Sunday Sept 30 (you might want to bear in mind that this is the same day as the Windsor Half Marathon)**
- ◆ **Return Monday Oct 1 (some people will stay an extra day)**
- ◆ **Cost: £369 per person (based on twin room) + entry fee of £26**
- ◆ **Mike is likely to offer some group discount but this has yet to be finalised.**
- ◆ **Non-runners welcome at same cost.**

HOWEVER, PLEASE NOTE, IT WILL BE CLUB MEMBERS OWN RESPONSIBILITY TO MAKE THEIR OWN BOOKING AND TRAVEL ARRANGEMENTS WITH LPG (OR VIA ANOTHER ROUTE SHOULD YOU CHOOSE).

**FOR FURTHER INFO CONTACT: Andrea Watson (Tel: 01753 853345) or Charles Pantlin (Tel: 01784 488502)**



**TOWN & GOWN 10K**  
**Sunday 20<sup>th</sup> May**



A small but select band of Dashers ventured to Oxford to run in the Town and Gown 10K on Sunday 20<sup>th</sup> May. The race provided runners with an opportunity to run through the historic streets of Oxford and the course passed Keble, St John's, Balliol and Wadham Colleges before heading off into the University Parks. The route took runners along the banks of the River Cherwell before finishing in the parks adjacent to the cricket ground. The course was flat and fast and the large number of sharp turns made for an interesting experience.

Such was the demand for places from runners starved of races due to the foot and mouth crisis that the late entries desk closed at 09.30 when the race limit of 2000 had been reached. This large field contained the complete spectrum of ability with the winner finishing in 29 minutes and some runners still out on the course after 90 minutes. There were even runners in fancy dress which isn't something we normally see in our local 10 K races.

**Andrea** and **Ian** had a couple of respectable runs and **Tracey, Billy, Andre, Giles and Dave** seemed to enjoy the experience of running at a rather different venue.

Name	Time
<b>Men</b>	
<b>Ian Spencer</b>	<b>38:14</b>
<b>Andre Randall</b>	<b>42:13</b>
<b>Giles Reynolds</b>	<b>46:35</b>
<b>Dave Glazier</b>	<b>48:32</b>
<b>Women</b>	
<b>Andrea Watson</b>	<b>42:25</b>
<b>Tracey Powell</b>	<b>1:02:00</b>
<b>Billy Bhamra</b>	<b>1:04:45</b>

## LONDON MARATHON OFFICIAL SPLIT TIMES

NAME	10 km	20 km	21.1 km (1/2 - M)	30 km	40 km	42.2 km (Full - M)
	6.2 ml	12.4ml	13.1 ml	18.6 ml	24.8 ml	26.2 ml
Chris Hunt	00:43:03	01:25:19	01:30:09	02:09:51	02:58:55	3:10:14
Ian Spencer	00:43:08	01:27:18	01:32:13	02:12:33	02:59:43	3:10:15
Andrea Watson	00:46:40	01:32:04	01:37:09	02:18:17	03:06:03	3:16:21
Andre Randall	00:43:53	01:28:46	01:33:55	02:17:57	03:11:40	3:22:57
Mike Baldock	00:50:05	01:37:06	01:42:24	02:25:32	03:13:40	3:23:36
Ralph Moore	00:48:55	01:35:24	01:40:34	02:22:42	03:16:07	3:27:40
Ron Sloan	00:51:13	01:39:02	01:44:23	02:27:43	03:18:17	3:29:17
Peter Gardner	00:53:28	01:42:15	01:47:42	02:32:49	03:25:59	3:37:21
John Sheehan	00:54:18	01:47:40	01:53:37	02:42:39	03:36:49	3:49:14
Bruce Humphries	00:48:34	01:37:22	01:42:55	02:29:34	03:34:37	3:48:48
Peter Quemard	00:50:22	01:39:37	01:45:17	02:34:31	03:38:06	3:51:52
Brent Curless	00:59:32	01:55:41	02:01:55	02:54:33	03:57:27	4:11:00
Dave Glazier	00:59:33	01:55:41	02:01:55	02:54:52	03:59:55	4:14:58
Carol Hipwell	01:17:43	02:21:55	02:28:59	03:28:45	04:38:20	4:53:04
Billy Bhamra	01:17:39	02:47:00	02:57:25	No time	04:38:40	4:57:08
Joyce Clarke	01:15:24	03:21:29	02:28:54	03:33:37	04:53:54	5:11:08
Helen Iles	01:20:59	02:29:03	02:36:35	03:46:34	05:07:53	5:26:41



## ---Letters---



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We now have a splendid club flag which has been kindly donated by **Giles Reynolds**. The flag consists of the club logo and the words Datchet Dashers on a white background. The flag pole comes in three light aluminium sections which fit together easily and sit on a base plate which can be driven into the ground. There are also three guy ropes which help to stabilise the pole. The whole package fits into a bag which is easy to carry.

The flag was christened at the Burnham 5K and the intention is that it should advertise the club's presence at race meetings as well as acting as a focal point for club members. If you see me arrive with what looks like an elongated golf bag I would appreciate some help in assembling the flag and pole. Better still would be for somebody to act as "Flag Officer" and take over responsibility for bringing it to races - any volunteers please contact Ian Spencer. Many

thanks to **Giles** for his generosity.

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If you have any issues which you would like to air or articles for the newsletter please contact me in the club house or alternatively you could phone me on **01276 411161(day)** or **01784 241498(evening)** or E-mail me at:

[ian.spencer@fluor.com](mailto:ian.spencer@fluor.com).

**Ian Spencer (Editor)**

## DATCHET DASHERS KEY ROTA

Day	Date	Month	Surname	First Name
Tuesday	5 <sup>th</sup>	June	<b>HANDY CROSS 5K</b>	
Thursday	7 <sup>th</sup>	June	NICHOLSON	BARBARA
Tuesday	12 <sup>th</sup>	June	O'HARA	CRAIG
Thursday	14 <sup>th</sup>	June	PAGE	ANDREW
Tuesday	19 <sup>th</sup>	June	PANTLIN	CHARLES
Thursday	21 <sup>st</sup>	June	ILES	STEVE
Tuesday	26 <sup>th</sup>	June	CLARK	MIKE
Thursday	28 <sup>th</sup>	June	PHILP	BRIAN
Tuesday	3 <sup>rd</sup>	July	<b>DATCHET 5K</b>	
Thursday	5 <sup>th</sup>	July	QUEMARD	PETER
Tuesday	10 <sup>th</sup>	July	SHEEHAN	JOHN
Thursday	12 <sup>th</sup>	July	SLOAN	RON
Tuesday	17 <sup>th</sup>	July	<b>MARLOW 5K</b>	
Thursday	19 <sup>th</sup>	July	SPICER	MIKE
Tuesday	24 <sup>th</sup>	July	THOMAS	HUW
Thursday	26 <sup>th</sup>	July	ALLUM	MARK
Tuesday	31 <sup>st</sup>	July	BANKS	ALLAN
Thursday	2 <sup>nd</sup>	August	BERRY	DEBBIE
Tuesday	7 <sup>th</sup>	August	BHAMRA	BILLY
Thursday	9 <sup>th</sup>	August	BRADFIELD	CHRIS
Tuesday	14 <sup>th</sup>	August	BRADFIELD	LES
Thursday	16 <sup>th</sup>	August	BUTCHER	JAMES
Tuesday	21 <sup>st</sup>	August	CLARK	MICHAELA
Thursday	23 <sup>rd</sup>	August	COLESHILL	STEVE
Tuesday	28 <sup>th</sup>	August	CURLESS	BRENT
Thursday	30 <sup>th</sup>	August	DAWETT	SUNITA
Tuesday	4 <sup>th</sup>	September	EMMETT	JASON
Thursday	6 <sup>th</sup>	September	GARDNER	PETER
Tuesday	11 <sup>th</sup>	September	GLAZIER	DAVE
Thursday	13 <sup>th</sup>	September	GREGORY	ROBERT
Tuesday	18 <sup>th</sup>	September	HAYTON	JEAN
Thursday	20 <sup>th</sup>	September	HUMPHRIES	BRUCE
Tuesday	25 <sup>th</sup>	September	HUNT	CHRIS
Thursday	27 <sup>th</sup>	September	ILES	HELEN
Tuesday	2 <sup>nd</sup>	October	JOHNSON	JULIE

## DATCHET DASHERS CLUB KIT

### Prices from March 2000

Singlets (running vests)	£12.00
T-shirt – short sleeve	£ 6.00
T-shirt – long sleeve	£ 8.00
White sweatshirt	£12.50
Shorts – Ron Hill	£12.50
Shorts – Sub 4 Classic	£10.00
Shorts – long lycra	£12.50
Tracksters – Ron Hill	£16.00
Reflective bib	£ 3.50
Cap	£ 6.00
Woolly hat	£ 5.50
Shoe bag	£ 6.00
Fleece jacket	£35.00

If you would like to purchase some of the new kit please see **Jason Emmett** on a club training night. Alternatively orders can be placed by telephone **(01753 758908 or 0802 628529)**, fax **(01753 758908)** or E-mail [jason@cit-international.co.uk](mailto:jason@cit-international.co.uk) if you are unable to get to the club. The following form should be used for postal orders:

### Dashers Kit Order Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Kit required:

Size required: Ladies/Mens: \_\_\_\_\_

Total price: £ \_\_\_\_\_

Please send order to: **Jason Emmett, 93 Lowestoft Drive, Burnham, Slough, SL1 6EB**

